



Applaud the Accomplishments!

Parent Brag Sheet

I'm proud of _____ .
(Student Name)

Dear Parents, please use this sheet to express some of your favorite things about your teen. This sheet can be helpful when writing essays, preparing for interviews or just a "pick me up" when the stresses are weighing down on your teen. After all, everyone loves to hear what they are good at!

1) List several words or phrases that best describe your teen: _____

2) What are your teen's greatest strengths? _____

3) Describe one of your teen's greatest accomplishments in high school: _____

4.) What career(s) do you think would be a good fit for your teen and why? _____

5.) What challenges has your teen overcome to get to where he/she is today? _____

6.) Please describe the type of college environment that you think would fit your teen best (you may list specific schools here or just characteristics):

Please use the back of this paper to tell me anything else you would like about your teen. Thank you!